Prayer of Colors

Social Cooperative Enterprise (SCE)

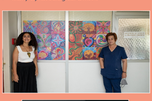
A few words about us

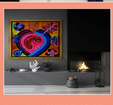
PRAYER OF COLORS Social Cooperative Enterprise (SCE) was founded in 2018 with the aim of mentally uplifting hospitalised patients and teaching young people through visual art. It is active in the fields of Culture, Arts and Education. Its main focus is the redesign and decoration of public and private health care facilities, hospitals, waiting rooms and clinics. The works that decorate these spaces are distinguished by their richness of colour, the play of shapes of "sacred geometry" and the aura of tranquility and the healing energy of which they are abundant. These paintings of PRAYER OF COLORS Social Cooperative Enterprise (SCE), are signed by Hija de la luz, the exceptional and specialized artist with many years of experience in Greece and abroad (Tuscany/Andalusia) in hospitals, clinics and special schools. Her painting expression is based on "visual prayers", a method she created herself in 2003. The healing effect is achieved through the application of harmonic geometry, the use of a rich and invigorating palette of colors and patterns, and the conscious intention of healing qualities through the Word.

Project "WOMAN"

The project of PRAYER OF COLORS Social Cooperative Enterprise (SCE), through a specific collection of artworks that relate to the female principle in all phases, maternity, birth, breastfeeding supports the woman in the sensitive periods of her life. The paintings dedicated to the Feminine Essence, have as their themes the anatomy of the Woman, the menstrual cycles, Fertility, Conception, Pregnancy, etc. in an expressive way that is pleasant and stimulating, aimed at remembering the feminine Power and the inner Knowledge. The woman carries through gestation, but more broadly through creation, the new codes and institutions of the society in question, but this is often forgotten. It is our duty as a society to remember the Miracle that she embodies, because from her will come the fruits that will evolve us as a society. She deserves infinite care from all of us, providing the right conditions and the necessary environment, in which she feels safe, close to her wisdom and her inner compass. Artworks of this project have already transformed the following hospitals permanently or in the form of a temporary exhibition:

- Hospital "AGIA OLGA" - Gynaecology and Obstetrics Clinic
- Obstetrics and Gynaecology Clinic "REA"
- Many Gynaecological Offices





Another action of PRAYER OF COLORS concerning Women is the organization of innovative motivational workshops with the aim of remembrance as well as workshops of creative visualization through painting; Making my own personal jewellery amulet.

Project "Mental Health"

The healing effect of the arts was already known in antiquity, from the Asclepius. The environment unconsciously influences the guest because there is a living interaction. Hospitals, clinics and healthcare facilities are by definition overwhelmed with stress, anxiety, pain and fear. So healing as a result of many factors clearly comes from science, but also from feeding the nervous system through art and specific qualities such as joy, a sense of safety, care and empowerment. Art enhances brain function and nourishes the nervous system, which has been now scientifically proven. The patient surrounded by these paintings comes closer to his or her strength (vigour) through the remembrance of the Whole, and is therefore treated as a wholeness, body and soul. Artworks of this project have adorned the Department of Inpatient Hospitalization (TEN) Child Psychiatric Clinic of the Children's Hospital "Agia Sophia" and the Special School of Corinth.
Also, since the 12th of October 2022 Prayer of Colors has undertaken the wonderful and promising project of decorating two Social Welfare Centres in Athens at Aghia Varvara and Melissia. Thanks to the kind donation of 'Tima Charitable Foundation' we have started to transform spaces such as living rooms, corridors and rooms where "our" old people with various ailments are in many cases bedridden and their lives are confined in four walls. It was also decided and approved by all the members of Prayer of colors Social Cooperative Enterprise (SCE) to donate various paintings to the Obstetrics and Gynaecology Clinic of the General Hospital of Nikaia Piraeus "Agios Panteleimon" and to the Gynaecological and Psychiatric Clinic of the General Hospital of Corinth.

Children

Children seek out communication and interaction through non-verbal ways, like colors, sounds, sounds, patterns, symbols, vibrations and any perception through their senses. Children feed on their senses, they perceive reality with their bodies and not with their minds, every cell of their body responds positively to an appropriate and aesthetically beautiful stimulus and the opposite happens when the surrounding space is either untidy or too "loaded" with strong stimuli. Especially when we are talking about health facilities, where a child is already burdened, we need to pay even more attention to the way we choose to connect with him/her and the mental nourishment we offer him/her. That moment puts you in a process of inventing and creating, because otherwise he would not respond. What every child knows is how to resonate with his environment, either animate or inanimate. The child vibrates to the frequency of the present, the Creator. Children only live in the present moment.

PRAYER OF COLORS has designed and implemented several educational activities for our little ones, but has also contributed to the creation of a more beautiful environment in places such as Children's Hospitals.

We interact with the environment

Some of the Educational Programs for Children that Prayer of Colors carries out in the context of empowering children through visual art are the following:

"THE COLOR"
for children 6 to 10 years old
Children dance, play and feel the energy of each color. They color the qualities of Joy, Power, and Fertility. They create in their own unique way and learn experientially its properties and dynamics.

"FAIRY TALE": DOROTHY AND THE VILLAGE OF GIFTS
for children 7 to 12 years old
This is a dramatized narrative and theatrical play whose main theme is the gifts and various benefits of Friendship and Solidarity.

"THE MOSAIC OF LOCAL TREASURES"
for children 6 to 12 years old
This is an artistic game with the aim of creating and composing an image using local seeds as raw material.

Many of the above actions were carried out in collaboration with large municipalities such as Nea Ionia, the Municipality of Loutraki-Perachora and Agioi Theodoroi and others.
PRAYER OF COLORS Educational Programs for children were also hosted in museums, concert halls and Municipal Libraries.

Amulets & Mugs

Goethe argued that colours affect the soul, since they can not only stimulate the senses, but also awaken feelings and emotions.
Each colour has its own vibration and affects not only the spiritual and mental state of the person, but also the physical one.

The HIJADELALUZ amulets and mugs were created to convey this vibration to us through colours. Both are great gifts to profess your love to anyone you care about. They come with a positive statement – prayer in both Greek and English.
HIJADELALUZ amulets are worn by everyone as what makes them so likable and unique are their original colours and designs.

Get in touch

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